

# Countdown to Stunning WEDDING BEAUTY TIMELINE

## 6-12 months

- o Melt fat on your lunch hour! Lila Inch-loss Laser
- o Achieve a slimmer, trimmer figure. Ideal Protein
- o Say "I Do" to clear skin. Chemical Peels/BBL (face & chest)
- o Dare to bare smooth skin. Laser Hair Removal
- o Start your personalized Skin Care Regimen

## 4-5 months

- o Improve skin health with Chemical Peels/BBL (face & chest)
- o Melt fat with Lila Inch-Loss Laser.
- o Hair free care free skin Laser Hair Removal
- o Begin Latisse for longer lashes.

## 2-3 months

- o Goodbye wrinkles. Dermal Fillers (lips, under eyes, cheeks) and Botox
- o Brighter, smoother tone Medical-Grade Facials
- o Eliminate signs of aging Chemical Peels/BBL
- o Review and reassess Skin Care Regimen

## 1 month

- o Look younger with no downtime Liquid "Facelift" using a combination of Botox & Dermal Fillers
- o Brow Sculpting
- o Refresh your glow with personalized facials

## 1 week

- o Brighter, beautiful skin Illuminize Peel
- o Waxing touch up
- o Lose inches before you say "I Do" Lila Inch-Loss Laser

Call now to learn more:

973.943.4300

or email us at [info@meccamedical.com](mailto:info@meccamedical.com)

*The Spa At*

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