

Glacial Rx[®] CONSENT FORM



Glacial Rx[®] is an FDA cleared aesthetic medical device. Glacial Rx uses controlled cooling to address skin inflammation and improve the appearance of skin conditions such as benign lesions.

Results:

Many patients will see a reduction in the appearance of skin conditions such as benign lesions and/or a temporary reduction of swelling and inflammation. The all-over cooling delivers a refreshing sensation and when intended, patients can experience an immediate reduction of pain, swelling, and inflammation.

Multiple treatments may be desired for optimal results and maintenance. Treatment plans and results will vary depending on your individual skin concerns. Speak to your provider to discuss your treatment options.

Initial: _____

Do you have any of the following?

- | Yes | No | |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | A suspicious lesion that has yet to be diagnosed |
| <input type="checkbox"/> | <input type="checkbox"/> | A diagnosis of skin cancer in the treatment area |
| <input type="checkbox"/> | <input type="checkbox"/> | Acne and/or history of acne scarring |
| <input type="checkbox"/> | <input type="checkbox"/> | Recent use of Accutane |
| <input type="checkbox"/> | <input type="checkbox"/> | An open wound or any active infection in the treatment area |
| <input type="checkbox"/> | <input type="checkbox"/> | Known history of skin allergies or sensitivities to any skincare products or specific ingredients in skincare products (e.g., compounds such as fruit extracts, enzymes or chemical peel agents) |
| <input type="checkbox"/> | <input type="checkbox"/> | Recent dermabrasion, laser or skin resurfacing treatment requiring prolonged healing |
| <input type="checkbox"/> | <input type="checkbox"/> | Recent use of topical exfoliants (e.g., retinoid, retinol, glycolic acid, salicylic acid, etc.) |
| <input type="checkbox"/> | <input type="checkbox"/> | An underlying cold-sensitive condition that could be exacerbated by topical cooling (e.g., cold urticaria, Raynaud's disease, cryoglobulinemia) |
| <input type="checkbox"/> | <input type="checkbox"/> | Compromised circulation to the extremities |

Which of the follow best describes your skin reaction to sun exposure? Please select one:

- Always burns, never tans
- Burns easily, tans minimally
- Burns moderately, tans to light brown
- Burns minimally, tans to moderate brown
- Rarely burns, tans to dark
- Never burns, least sensitive to changes

Ethnicity(optional): _____

What to expect:

During treatment, you may feel a cold, tingling sensation when targeting spots and an overall refreshing sensation when used in all-over cooling to reduce discomfort, inflammation and swelling. You may feel mild tingling or warmth during the all-over cooling step if topicals containing mild chemical exfoliants such as glycolic, lactic, and salicylic acids are used. **Initial:** _____

Potential effects and risks:

Patient experiences may vary. You may experience one or more of the following anticipated effects at the targeted freeze sites on your skin:

- Redness

- Itchiness
- Crusting (dry exfoliated skin)
- Spot darkening
- Swelling
- Mild tenderness/Soreness
- Transient localized numbness
- Post inflammatory hyperpigmentation
- Temporary skin lightening (your healed skin may look lighter than the surrounding skin)
- Blister formation

You may experience one or more of the following anticipated effects following the use of topicals with the all-over treatment:

- Transient redness and sensitivity
- Skin sensitivity to sun exposure
- Mild skin irritation
- Temporary skin dryness
- Temporary skin purging/acne breakout

Initial: _____

As with any elective treatment, there are potential effects and risks. These have been explained to me and I have read the above information. I give consent to my provider to receive the Glacial Rx Treatment.

Print Name

Signature and Date

Provider Signature

Glacial Rx® TAKE HOME INSTRUCTIONS

Congratulations on experiencing Glacial Rx! You're on your way to brighter more radiant skin.

WHAT TO EXPECT FROM YOUR TREATMENT:

g COOL: FOCUSED FREEZE SPOT TREATMENT

In the coming weeks, a reduction in the appearance of brown spots on the skin may be noticed. For treatment sites on the body (such as hands, arms & legs) it may take longer to experience results. Results will vary from patient to patient.

Product Recommendations:

Molecular Barrier Recovery Cream: Beginning the day of treatment, apply the provided CREAM **3 to 4 times per day** directly on the treated spots to help lessen itch and soothe treated skin. Supply will last 7-10 days.

SUNSCREEN: Apply preferred sunscreen to treated area and reapply every 2 hours when exposed to sunlight.

You may experience the following potential side effects for the treated spots:

- Redness
- Itchiness
- Crusting (dry exfoliated skin)
- Spot darkening or post inflammatory hyperpigmentation
- Temporary skin lightening (treated skin may look lighter than surrounding skin)
- Swelling
- Mild tenderness/Soreness
- Transient localized numbness
- Blister formation

g CALM AND PROTECT: ALL-OVER COOLING TREATMENT

In the upcoming days, many patients may see brighter skin and less redness in the all-over cooling treated area. Results will vary patient to patient.

Product Recommendations:

Mandelic Pigment Corrector Serum: **Starting 48 hours after treatment**, apply SERUM at night to the entire face. Supply will last 7-10 days.

SUNSCREEN: Apply preferred SUNSCREEN daily in the a.m. Reapply every 2 hours when exposed to sun.

g If you experienced **COOL** plus **CALM AND PROTECT** procedures today, starting 48 hours after the procedure apply SERUM on skin first, according to the instructions above, followed by the CREAM.

You may experience the following potential side effects following the use of topicals with the all-over treatment:

- Transient redness and sensitivity
- Skin sensitivity to sun exposure
- Mild skin irritation
- Temporary skin dryness
- Temporary skin purging/acne breakout

Finish the product/s you have been given to take home after your procedure to help enhance your results. Please contact us directly if you have any questions or concerns. For best results continue seeing your provider for ongoing regimen and treatment recommendations.

Additional Post Procedure Instructions:
