



medical spas:

COSMETIC LASER MD 290 S. Livingston Ave., Livingston 973.716.9000

» cosmeticlasermd.com

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MEDICAL SPA
1259 Route 46 East, Parsippany
973.316.9800
» foreveryoungmedispa.com

FUSION MEDSPA & SALON 250 Route 46 West, Denville 973.983.8383 » tusion-spa.com

MECCA INTEGRATED
MEDICAL CENTER
333A Route 46 West, Fairfield
973.943.4300
» meccamedical.com

THE PEER GROUP 124 Columbia Tpk., Florham Park 973.822.3000 » peergroupni.com

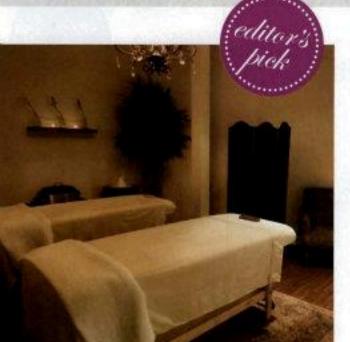
RADIANCE MEDICAL SPA 825 Bloomfield Ave., Verona 973,559.5232 » lovermecenter.com

REFLECTIONS CENTER
FOR SKIN AND BODY
299 E. Northfield Rd., Livingston
973,740.2444
>> reflectionscenter.com

VIBRANCE MEDSPA

The Shoppes at Union Hill 3056 Route 10 West Denville 973.328.1700

3) vibrancemedspa.com



THE WOODHOUSE DAY SPA

The Woodhouse Day Spa in the heart of Montclair may be small, but it offers big results in the matter of relaxation and rejuvenation. I've had many facials and mild peels before, and as much as I love the subsequent glowing skin, when they're not done properly, the pinching extractions and stinging chemical exfoliation can ruin the spa experience. This was not an issue here, though, as the clarifying facial treatment offered as much comfort as it did results. I arrived early in the morning and struggled not to doze off in the plush

waiting room chair—a difficult task considering the warm herbal-scented towel cradling my neck and plush robe around my waist. I did get to rest my eyes, covered by a cooling herbal masque, during the 80-minute treatment. While I zoned out, the esthetician gently cleansed my skin, applied a fruit-based chemical peel and a face masque, accompanied by a neck, head, and foot massage using Arcona products that burst with soothing herbal aromas.

» The Woodhouse Day Spa, 56 S. Park St., Montclair, 973.509.8488, montclair.woodhousespas.com